

OPIOID DEPENDENCY:

Prevention works • Treatment is Effective • Recovery is Possible

More people accidentally die from prescription painkiller overdoses than all other drugs.



SAFE MEDICATION USE

The **risks** of overdose and death **increase** when prescription opioids are combined **with other drugs** such as anxiety & sleeping aids or alcohol.

Take your painkillers **only as prescribed** by your medical provider, and only if needed.

Don't share your pain meds with anyone and don't take someone else's.

STORAGE & DISPOSAL TIPS

Having prescription painkillers in your home increases the risk that another person in your household might find them and misuse them, or take them accidentally.

Lock them up and keep track of the number of pills.

Safely get rid of expired and unused meds. Never flush down the toilet. To find the nearest take back location, call the New Mexico Poison and Drug Information Center at 1-800-222-1222

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Data provided by New Mexico Department of Health