

**More people accidentally die
from prescription painkiller overdoses
than any other drugs.**



SAFE MEDICATION USE

Don't share your pain meds with anyone & don't take someone else's.

Take your painkillers only as prescribed
by your medical provider, and only if needed.

The risks of overdose and death increase when prescription opioids are
combined with other drugs such as anxiety & sleeping aids or alcohol.

STORAGE & DISPOSAL TIPS

To prevent the risk of prescription opioid misuse
lock them up and keep track of the number of pills.

Safely get rid of expired and unused meds. Never flush down the toilet.
Call NM Poison & Drug Information Center at 1-800-222-1222

For one-stop information, visit:

DoseOfReality.com