

# TOGETHER We Can Break the Cycle

**Start Recovery Now**

**Anti-craving Medication Works**

**Treatment Providers are Available**

2 in 3 of us know  
someone struggling  
right now with  
opioid substance use.



Every Community  
is Touched

**Find Treatment Now at  
[DoseOfReality.com/Get-Treatment](https://DoseOfReality.com/Get-Treatment)**



A Guide for New Mexicans Seeking Treatment Health

# Anti-Craving Medication Helps Someone:



*Stay Alive*

*Stop the  
Cravings*

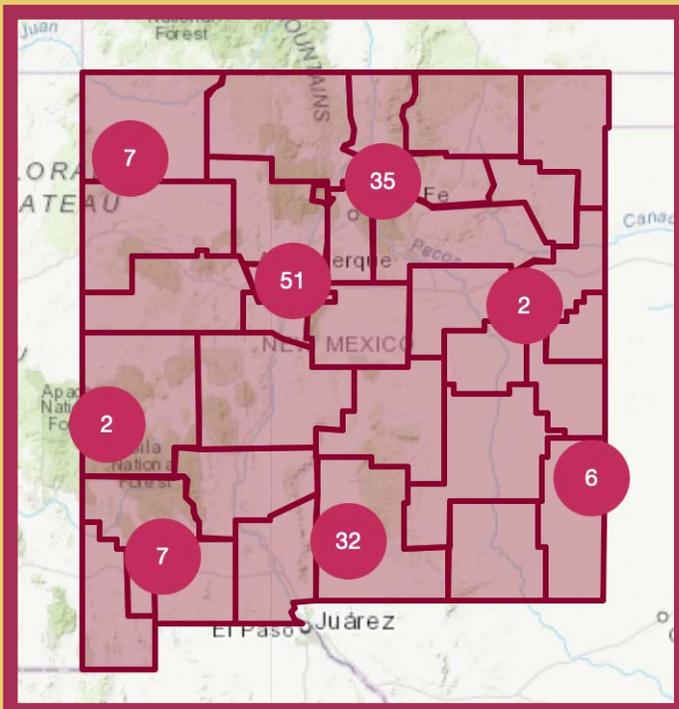
*Stay in  
Treatment*

*Obey the law*

*Get & Keep  
a Job*

*Be part of a family  
and community*

## Wherever you live, Treatment is Available NOW



- Go to [DoseOfReality.com/get-treatment](https://DoseOfReality.com/get-treatment) to Find a Treatment Provider Close To You
- At the map type in your city, town, or county to find treatment help near you.
- You can also adjust how far you are able to travel.
- There is home Phone and Video help if treatment is not near you or there is a waiting list.
- You won't be turned away.



## **Opioid substance use is NOT a moral failing.**

Blaming, shaming, ignoring and rejecting someone will not change the opioid cycle, but medication and support will.

Treatment is possible with medication combined with behavioral health support like therapy and counseling. Find Treatment Now. Visit [DoseOfReality.com/Get-Treatment](https://www.doseofreality.com/get-treatment)

## **We are not our disease**

*We have a name.*

*We have a personality.*

*We have a history.      We have a story to tell.*

*We come from families and communities.*

# Let's Break the Cycle of Opioid Substance Use TOGETHER



The [Dose of Reality](#) Treatment Works campaign is a joint effort of the [New Mexico Behavioral Health Services Division](#) and the [New Mexico Opioid Hub](#) to address the opioid crisis by expanding treatment access and reducing opioid overdose-related deaths



Prevention Works.  
Treatment is Effective.  
Recovery is Possible.

[DoseOfReality.com](https://DoseOfReality.com)