

# A DOSE OF REALITY

about Opioids

[DoseofReality.com](http://DoseofReality.com)



**New Mexicans receive help for opioid addiction every day. You can too.**

*You don't have to go through this alone. Recovery is possible—and help is here.*

## Opioid Treatment to Fit Your Life – Wherever You Are in New Mexico

Treatment for opioid addiction involves what's known as medications for addiction treatment or MAT.

*This treatment helps you regain control of your life—without getting high.*

- Reduce or stop cravings
- Feel better during withdrawal
- Avoid using again
- Stay alive
- Stay in recovery
- Find a job
- Rebuild relationships
- Feel like yourself

## Three Medications that Work

*Your doctor or provider can help you choose the one that's best for you:*

- Buprenorphine
- Methadone
- Naltrexone

## Need Support from Home?

We partner with **Renew Health**, a New Mexico-based provider. No insurance or ability to pay? No problem. Renew Health meets you where you are and supports your recovery every step of the way. Visit [RenewHealth.com](http://RenewHealth.com) today. Additional telehealth and in-person providers can be found through the user-friendly treatment map at [DoseOfReality.com/Treatment](http://DoseOfReality.com/Treatment).

## Prefer to Go in Person?

If you prefer to visit a provider in person, Renew Health has locations in Roswell, Alamogordo, and Clovis.

The Department of Health also offers support – either in person or by phone – through the **New Mexico Pathways** program. They can help you apply for Medicaid and connect you to care.



HEALTH CARE  
AUTHORITY

## Treatment Options To Meet Your Needs

Treatment options have been expanded by the New Mexico Health Care Authority for all New Mexicans – no matter where you live: urban, rural, tribal, or frontier.



Children, Youth &  
Families Department

**Get Help Now. No Judgment. Just Support.**